

## Who is a Counsellor in Home Economics?

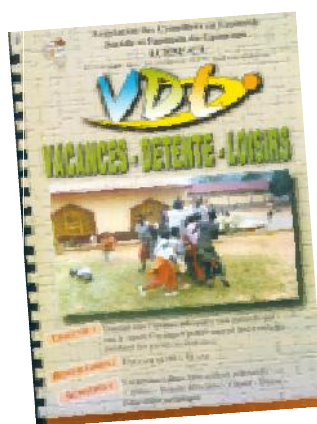
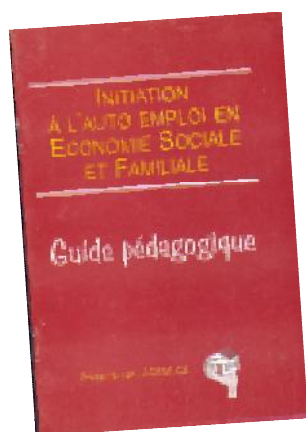
The Counsellor in Home Economics (CHE) assists families, individuals and groups to resolve their daily problems by offering information, technical assistance and organization of workshops. The CHE offers advice to avoid waste, to enable people make right choices per their needs, taste and desires in line with all sectors concerned with daily activities (feeding, healthcare, housing, equipment, clothing, environment, budget, consumption, leisure, social life, etc.). Activities of the Counsellors in Home Economics are focused on valorising social inclusion within families.



# Cameroon Association of Counsellors in Home Economics

### ACESF-CA Membership

	Membership fees	Yearly contributions
Individuals	1 000 CFAF	2 500 CFAF
Structures/Institutions (groups, CIGs, associations, NGOs, companies...)	10 000 CFAF	25 000 CFAF



## C.A.C.H.E. (ACESF-CA)

Memorandum of Association receipt  
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**A development-oriented professional association**

## **C.A.C.H.E. (A.C.E.S.F – CA)**

Is the Cameroon Association of Counsellors in Home Economics. It is a non-political and non-profit making professional organization created on 5 May 1992. It brings together holders of Home Economics certificates at all levels (CAM, CAP, "Probatoire de BT", HND, Bachelors, Masters...)

### **Our Mission:**

- to promote home economics;
- to help its members attain high skills level with regard to home economics;
- to assist in the well-being of individuals and families especially the poor and vulnerable.

### **Composition:**

- a General Assembly made up of 271 members;
- a Board of Directors made up of five (5) members;
- six regional branches supervised by Delegates;
- a number of focus points which ensure liaison and relay of activities;
- committees or work groups which study, reflect and research on topical issues.

### **Work methods:**

- sensitization;
- communication;
- training;
- research and action;
- consultancy;
- networking;
- improving education manuals.

### **The Beneficiaries:**

- Direct: Professionals of Home Economics;
- Indirect: Individuals, groups and families.

### **Our Partners:**

- Finnish Home Economics Association (Martat);
- International Federation for Home Economics (IFHE);
- IFHE African Conference;
- Lycée Jeanne d'Arc of Rennes in France;
- Cégeps Edouard-Montpetit and Trois Rivières in Canada;
- CETI Benigna of Etoudi ;
- « Club des Jeunes Aveugles Réhabilités » of Cameroon (CJARC);
- The « Association Angalè pour le commerce équitable » in Canada;
- The « Association Générale des Intervenants Retraités » (AGIR) in France;
- The Canadian Home Economics Association (ACEF);
- The "Service d'Assistance Canadienne aux Organismes" (SACO);
- The Government (MINESEC, MINJEUN, MINPROFF, MINAS, MINETFOP...)

## **Our projects**

CACHE (ACESF-CA) has executed six projects:

- **Poor women's right to income and food security project in Cameroon, 2012-2014.**

This project is executed in Bamenda, Yaounde and Maroua, with the support of the Finnish Home Economics Association (Martat). It has two main objectives: (i) improve healthcare of underprivileged women and their families through the boosting of knowledge and skills as regards good nutritional habits; (ii) enable underprivileged women to proactively shape their own future and increase their income through self employment.

- **Learning how to undertake, 2006-2011.**

This project aims at improving socioeconomic integration of youths by developing, for the Cameroon school system, a training programme in entrepreneurship through: (i) training of teachers on the basics in entrepreneurship; (ii) including a course on entrepreneurship in the fields of Home Economics and Clothing; (iii) increase employment in this sector through a pedagogic approach whereby courses shall be focused on learning skills and techniques of creativity, employability and entrepreneuriality, which are vital in vocational training. This project was executed in a three-party partnership with CETI Benigna of Etoudi, Collège Édouard-Montpetit/Cégep de Trois-Rivières of Canada and CACHE (ACESF-CA).

- **Gender integration project in home economics teaching in Cameroon, 2004-2006.**

The association had three main activities within the framework of this project: (i) analysis of gender sensitive elements in school home economic manuals with proposals on gender related elements to be included; (ii) strengthen capacity of members of CACHE (ACESF-CA), teachers and pedagogic inspectors as concerns gender related elements; (iii) Advocacy to education sector officials to effectively integrate gender related elements in school manuals. The project was executed with the support of the Gender and Development Fund (GeD) of the Canadian Cooperation Assistance Office (BACC).

- **Holiday-Entertainment-Leisure Project (VDL), 2002 – 2004.**

This project aimed at occupying children aged eight to sixteen during school holidays with educational and leisure activities. This was done through handicraft and artistic works and it enabled children discover and explore their hidden potentials.

- **School children breakfast Project (VPPDA), 2001-2005.**

This project was done in partnership with Nestlé-Cameroun and aimed at reducing malnutrition amongst the beneficiaries. An instruction manual with fourteen breakfast diets made up of local food items was communicated in primary schools and in families.

- **Project for Initiation to self employment in the Home Economics field, 1997-2006.**

The main objective of this project was to facilitate the professional insertion of young graduates in the Home Economics field as self employed workers. As such, CACHE (ACESF-CA) carried out a survey to identify the needs in valourising self employment in 1997 in 14 towns and among 224 Home Economics graduates. Ten training sessions brought together 146 members from six regional branches in 1998. A rotational microfinance fund was created to support projects of young Home Economics graduates in 1999. The experiences acquired resulted in the production of a pedagogic manual in 2002 and which was sent to partners involved in the professional training. The lessons learnt help in elaborating the Introduction to Entrepreneurship Project which began in 2006.